



Sept. 30th - Oct. 3rd Weekly Cross Country Schedule

MONDAY	3:45 – 4:20 pm (hopefully course) Meet on the deck
TUESDAY	3:45 – 4:15 pm (very light) Meet on the deck
WEDNESDAY	7:15 am PICTURES Meet on the deck (in your uniforms) DISTRICT MEET AT KELLY LANE GIRLS 4:30 pm BOYS RIGHT AFTER THE GIRLS
THURSDAY	Turn in your uniform at some point throughout the day to Coach Turnbough