

Guide to Family Resources

This is an extensive listing of service providers dedicated to supporting parents, students, and families. Should you have any questions navigating this list or find information has changed, please contact the Social Services and Counseling Department for OC at 512-594-3628.

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Community Resources

Hotlines and Crisis Numbers

- Mental Health Crisis Hotline to Help: 512/472-4357 (472-HELP)
- Psychiatric Emergency Services: 512/454-3521
- Bluebonnet Trails Comm. Svcs. 24 Hr. Crisis: 1-800/841-1255
- First Call for Help, United Way: dial 211, or 512/973-9203
- UT Crisis for students: 512/471-2255 (471-CALL)
- Safe Place: 512/267-7233
- Texas Runaway Hotline 1-888-580-4357
- AISD Family Resource Center 414-3189
- Austin Families—childcare referral 327-7878

Austin-Travis County Integral Care (ATCIC) Centers

- Your local ATCIC Center provides services to children and adults who are considered to be a priority population, such as those with a diagnosis of severe and persistent mental illness, pervasive developmental disorder, or intellectual disability. Services can include case management, psychiatric evaluations and medications, housing assistance, residential services, vocational rehabilitation, respite, and crisis intervention. In general, ATCIC Centers do not provide services to individuals who have health insurance though they may provide services to individuals with Medicaid or Medicare. <http://www.integralcare.org/>

Austin Travis County Integral Care (ATCIC)

447-4141

- In order to get access to services through ATCMHMR, one contacts Single Point Of Entry (SPOE), the centralized telephone intake for Austin Travis County Integral Care. SPOE conducts a brief screening with callers to determine if s/he might be eligible for ATCIC services, and, if so, what division of ATCIC would best meet the consumer's needs. SPOE also schedules the intake appointments. More in-depth clinical and financial screenings are done at the intake appointments. SPOE is open 7:30 am to 5 pm, Monday through Friday (and does not close for lunch). SPOE is closed on weekends, Center holidays and for weather emergencies. Contact **SPOE at 472-4357 (472-HELP) or 1-888/472-4357, 703-1395 TTY.**

ATCIC (also has programs to assist individuals during a crisis)

- **Psychiatric Emergency Services (PES)**

454-3521

Located at 56 East Avenue, PES is a 24 hour crisis intervention service. Psychiatric Emergency Services are available for adults or children experiencing a psychiatric crisis and in need of emergency screening and evaluation services. Also provided are crisis intervention, individual crisis counseling, individual and family crisis rehabilitative skills training, screening and referrals to appropriate community resources and/or services. Individuals can call PES or go directly to their offices for help. Area served: Travis County. http://www.integralcare.org/?nd=crisis_pes

Directions: from 12th and IH 35, go south on IH 35 and take the Caesar Chavez exit, keep heading south on access road and keep to the right when it forks, go to stop sign and the building will be right in front of you.

Hotline to Help

512/472-4357 (472-HELP) or TTY: 512/703-1395

- Hotline to Help is Austin and Travis County's 24-hour crisis intervention and suicide prevention program. It is available to anyone who needs help.

Austin Travis Co. Integral Care-Children's Mental Health Services

(512) 472-4357

Ext. 2: Intake (Single Point of Entry), (512) 804-3000 Administrative number.

6207 Sheridan Ave., Austin, TX.

- Provides community- and home-based services to children and their families. Services include psychiatric service coordination; individual, family and group therapy; and family advocacy. Services are intended to prevent the removal of the child from the home. Eligibility Requirements: Youth ages 17 or younger who are experiencing serious emotional difficulties or family problems. Accepts Medicaid, CHIP, and private insurance; also offers sliding scale.

Other Counties Mental Health Centers

Bluebonnet Trails Community Services Center

255-1720

- Bluebonnet Trails offers an array of mental health and developmental disability services to children, adolescents and adults in Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson counties. Some of the local clinics are listed below:

Bastrop County Mental Health Center, located at 150 Settlement Drive, Suite E	303-3963
Bastrop County Child & Youth Center, located at 104 Loop 150	303-2689
Caldwell County Mental Health Center, 510 Pierce Street, Luling, TX	(830) 875-5700
Caldwell County Community Svcs. Center, 210 North Main, Lockhart	(512) 398-9610

Hill Country Community Services Center

- Hill Country MHMR provides mental health and developmental disability services to 19 counties. Some of the clinics are listed below:

Hill Country Community Svcs. Center, 1901 Dutton, Suite D, San Marcos	(512) 558-2000
Scheib Mental Health Clinic, 1200 North Bishop, San Marcos	(512) 392-7151
Hill Country MHMR Family Preservation	(512) 392-7151

Counseling Resources

Whether you have insurance or not, there are many ways to obtain help. If you have insurance, there usually is a number on your insurance card to call for mental health referrals. Most HMOs or PPOs will only cover services provided by providers who are on their provider list. You can find out who is on your insurance company's list by calling the number on your insurance card. Many employers have an Employee Assistance Program or EAP. If your employer has an EAP, you will usually receive a certain number of confidential counseling sessions free of charge. To find out if your company has an EAP, contact your Human Resources office (this may be done anonymously). If you do not have insurance, many of the centers listed below have sliding scale fee programs. You can also call the United Way First Call for Help at 211, or 973-9203 for referrals. A great resource for finding any social service is on the First Call for Help Online at <http://www.211centraltexas.org>

Assault Prevention/Anger Management Program **326-1717**
1030 S. Lamar, Suite H

- This agency provides programs for assault prevention and anger management for individuals who become violent or abusive toward non-family members. Accepts individuals who are court-ordered. Fees: \$60 for level one 8-hour class, and \$200 for level 2.

A New Beginning Bereavement Foundation **331-1300**

- Support for grieving parents and children.

Austin Academy of Individual and Relationship Therapy: **329-6611**
4201 Bee Caves Rd., Suite C-213

- This agency is a private practice group led by Michael Bishop, LMFT., and Anne Marie Fleming, LMFT. They provide individual, marriage, and family counseling to children and adults. They also provide group services in some of the middle schools on anger management, divorce, and grief and loss. Offers sliding fee scale (\$16-\$65).

Austin Center for Life Enrichment **451-9809**
8705 Shoal Creek, Suite 101

- This agency provides counseling for children, adults, and couples using a holistic approach. Sliding fee scale available. Some insurance accepted.

Austin Child Guidance Center

451-2242

810 West 45th Street

- Provides individual, group, and family counseling. Areas of specialization include emotional, social or behavioral problems, low self-esteem, depression, sexual/physical abuse, neglect, school adjustment problems, at-risk youth, victims or witnesses to violence. Also provides psychiatric evaluation, psychological and neuropsychological assessments, assessments for learning disabilities and attention deficit disorders, intelligence testing, play therapy, and outdoor experiential activities for children and their families. Services available in Spanish. Offers sliding fee scale to income eligible individuals and accepts insurance. <http://www.austinchildguidance.org/>

Austin Men's Center

477-9595

812 W. 11th Street, Suite 201

- This agency provides individual and group counseling for men and women. Also provides an anger management course designed to manage and transform anger into non-destructive and creative behavior. Does not accept clients who are court-ordered to seek treatment for family violence. Fees: sliding scale and some insurance. <http://austinmenscenter.com>

Austin Stress Clinic

326-1717

1030 South Lamar

- Provides counseling for individuals and couples for issues of anger, substance abuse, post traumatic stress, adult survivors of abuse (physical, psychological or sexual), stress management, communication problems, and conflict resolution. Offers a variety of classes, most are approx. \$25 per class.

Capital Area Mental Health

302-1000

1106 Clayton Lane, Suite 105

- This agency provides low-cost, no-session-limit counseling to individuals, couples, families, and groups. Sliding fee scale (\$8-\$30). No insurance. <http://www.camhc.org>

Counseling for Individuals and Couples

454-3685

1600 W. 38th St., Suite 428

- Private practice group of seven psychologists, two of whom see children: John Godfrey, PhD. sees any age children, Joseph Langford sees children age 10 and above. The group also provides counseling for individuals and couples. Fees: accepts some insurance, call for rates.

For the Love of Christi

467-2600

2306 Hancock Drive, Austin, TX 78756

- This agency provides support groups for those dealing with the death of a loved one. There are no fees for their service. More info at <http://fortheloveofchristi.org/>

Hospice Austin

342-4700

4107 Spicewood Springs Rd., Suite 100

- This agency provides a variety of group counseling support services to address the needs of those dealing with grief and loss. Group fees: \$25 one time donation for 6-week group. Individual counseling is available free for Hospice Austin patients and their families, otherwise it is \$60 per session or on sliding fee scale. They also offer Camp Braveheart in the summer, which is a 3-day, 2-night camp for children ages 6 to 17 that have lost a loved one. The camp is free of charge.
<http://www.hospiceaustin.org/>

Hyde Park Counseling Center

451-2186

711 W. 38th St., #C-9

- This agency provides Bible-based counseling for children, adults, seniors, and couples. Psychological testing available also. Fees: \$90-\$125, some insurance, Medicaid, and Crime Victim's Assistance accepted.

Intervention Services-Community Based Services

763-0478

8731 Shoal Creek Blvd., 605 E. University, Georgetown

- This agency provides outpatient psychotherapy for children, adolescents, adults, families, and couples. Also offers play therapy and group therapy. Sliding scale from \$0 (for those who are below 50% of the poverty level) \$12.50, \$18.75, \$25 to full fee. Accepts Medicare, Medicaid, private insurance, self-pay.
<http://www.interventionservices.org>

Jewish Family Services

250-1043

11940 Jollyville Road, #1255

- This agency provides counseling, mental health, and case management services to individuals, couples and families. Also offers case management to families who are caring for an elderly family member or a family member with a chronic illness or disability. Offers support groups for older adults, people with disabilities, interfaith

couples, single parents, caregivers for family members with Alzheimer's disease, and families coping with divorce. \$5-\$90 per session, offers sliding fee scale to income eligible. <http://www.jcaaonline.org>

Legends of St. David's Pavillion

867-5800

1025 East 32nd St., 3rd Floor

- Provides inpatient hospitalization and partial (day) hospitalization for adults 55 and older. Provides diagnostic services and treatment for the mental health issues of older adults: mood disorders, major depression, adjustment disorders of aging, cognitive and behavioral changes due to organic causes, and other psychiatric disorders of the older adult are treated by an interdisciplinary team of professionals. Accepts insurance. No sliding fee scale.

Lifeworks

24-hour Hotline 735-2400

1221 W. Ben White Blvd., Suite 108-A

735-2400

2001 Chicon Street

735-2100

8913 Collinfield Drive (North Austin)

324-6870

1009 Georgetown St., Round Rock, TX

244-8440

- This agency provides free counseling to youths, ages 7-17, and their families who are experiencing conflict with truancy, family, school, law, abuse, crime, abandonment, or homelessness; individual adults who face stressful life challenges; and couples who experience conflict. Also assists those affected by family violence. The agency also offers an emergency shelter for adolescents. <http://lifeworksaustin.org/>

New Life Institute

469-9447

4001 Speedway in the Hyde Park United Methodist Church building

- This agency offers counseling, mediation, education, training, and spiritual direction, using a multidimensional approach to emotional well-being and spiritual wholeness. Associated with the United Methodist Church (Austin District), New Life Institute serves people regardless of faith orientation or practice. Sliding fee scale available. <http://www.newlifetexas.org>

New Pathways, Inc.

TTY: 716-0002

Phone: 716-0001

102 Old Bowman Rd., Suite C, Round Rock

- Provides licensed, professional counseling to individuals, groups, and families for children, adolescents, and adults. Specialization is working with at-risk youth, juvenile offenders, and the special needs community, including the deaf and hard-of-hearing. Counseling available in American Sign Language. Ongoing counseling groups are

offered. Offers sliding fee scale (\$8-\$72/hr); accepts self-pay, Medicare, Medicaid, and private insurance. <http://www.newpathwaystherapy.com/>

Pflugerville Center for Life Fulfillment—St. Patrick Catholic Church 989-1152
1202 FM 685, Suite C-2, Pflugerville

- This agency provides individual, couple, and family counseling (psychotherapy) for all ages.

Safeplace 467-7233
1515-A Grove Blvd

- This agency provides a variety of services to women and children. Their mission is to end rape, sexual abuse and domestic violence. They provide emergency shelter and individual counseling for those who have witnessed or experienced domestic violence, sexual abuse/assault, or dating violence. Call for fees. <http://www.austin-safeplace.org>

Samaritan Center for Counseling and Pastoral Care
5425-A Burnet Road 451-7337
1420 Palm Valley Blvd., Round Rock, TX 451-7337
129 West Hutchinson, San Marcos, TX 392-7091

- Provides counseling to individuals, couples, and families. Counselors are trained in behavioral sciences and in spirituality; religious resources are available. Also provides “Children Caught in the Middle,” a class for divorcing parents. Accepts Medicare and private insurance; scholarships available to those who are eligible; \$15 fee for intake appointment. <http://www.samaritan-center.org>

Seniority Counseling and Consultation 218-9555
102 Old Bowman Rd., Suite C, Round Rock

- This agency provides counseling to individuals, couples, and groups. Specializes in working with older adults and their families. Counseling services include: caregiver stress, decreased coping skills, life transitions, family conflict mediation, unresolved grief, depression, anxiety, and emotional trauma and crisis. Also offers geriatric care management. In home counseling available for seniors. \$90/hr.; offers sliding fee scale based on income: \$25 minimum; accepts Medicare, Medicaid, private insurance and self-pay.

- SIMS Foundation** 494-1007
2306 Lake Austin Blvd
- This agency provides mental health services to musicians and their immediate families in the greater Austin area. \$10 co-pay per session. <http://www.simsfoundation.org>
- Teen and Family Counseling Center** 327-5040
3536 Bee Caves Rd. #100, Austin, TX 78746
- Provides substance abuse counseling and therapy for adolescents and families.
- Texas State University Counseling Practicum Clinic** 245-2208
12515 Mellow Meadow Dr., Round Rock Higher Education Center
- This agency provides family and individual counseling for children, adolescents, adults, couples, and families. Counseling is provided by supervised advanced, graduate-level interns. Appointments are available days and evenings. Clients must agree to be videotaped. Initial session: free; sliding scale available and no individual will be turned away on the basis of payment.
- University of Texas Counseling Center** 471-3515
- Provides comprehensive mental health services to U.T. students through direct services such as individual, group, and relationship counseling/therapy; urgent care; psychiatric services; structured and process-oriented group programs; and a 24-hour telephone counseling service.
- University of Texas Department of Psychology** 471-3393
108 E. Dean Keeton St
- Provides free, short-term cognitive-behavioral counseling to individuals. Emphasis is on those with mood and anxiety disorders such as depression, anxiety, panic, and phobias. Includes psychological testing and assessment. Call to schedule intake and to be put on waiting list. Counseling is provided by supervised, PhD-level, therapists-in-training, and is offered at the beginning of the spring and fall semesters.
- Veterans Administration Readjustment Counseling Center** 416-1314
- Provides individual, family, or group counseling to veterans who served during combat hostilities, OR any veteran who was sexually assaulted/harassed during any period of military duty. Counseling specialization includes Posttraumatic Stress Disorder, sexual trauma, relapse prevention related to chemical dependency. The center also provides assistance with accessing other VA services and benefits. Fees: free to veterans.
- Waterloo Counseling Center** 444-9922

- Provides sliding scale counseling for all individuals, couples, and families, primarily those who are same-sex oriented, or are HIV+. Offers a number of therapy and support groups. Services available in Spanish and American Sign Language. Fees: Sliding scale. <http://www.waterloocounseling.org>

Wonders and Worries, Inc.

329-5757

- Provides services for children and adolescents with a chronic or serious illness, or who have a parent or sibling with a chronic or serious illness, such as cancer. Services include: intake session; support groups for children, teens, and young adults; individual counseling or play therapy for children and teens (six initial sessions, then reevaluation); and a specific class for parents on child-parent relationship training, with a focus on helping their children cope.
email: meredith@wondersandworries.org, web: www.wondersandworries.org

YWCA-Women's Counseling and Referral Center

326-1222

- Provides individual and couples counseling for issues including: stress, depression, communication, self-esteem, anxiety, anger management, suicide, and relationship difficulties. Counseling consists of 10 sessions (max) in 10 weeks, per calendar year. Accepts women who are court-referred. Does not see couples that are living together in active battering situations, but will see women alone. Does not see women who have active, serious psychosis.
Maintains a therapist referral list for the Travis County area. <http://www.ywcaustin.org>

Parenting Education and Support Resources

Any Baby Can/Candlelighters

454-3743

- Provides free parenting classes in English and Spanish. Free childcare is provided for children, ages 0-12. Advance class registration is not required. Also provides monthly childcare provider workshops on Saturdays. Advance registration is required. (Childcare not provided.) Accepts court-mandated parents. Certificate of Training available. Intake procedure: call for class/workshop schedule. Classes in English: Tues Thur 7:00pm - 8:00pm; Sat 9:15am - 10:30am; Classes in Spanish: Sat 3:00pm - 4:00pm.
- Other services include: Care Program—Provides services to families with children, ages 0-21, who have disabilities or a chronic illness. Services include medical case management, advocacy, and information and referral. For enrolled families, also provides crisis counseling and basic needs assistance. Childbirth Education Classes, Early Childhood Intervention Program, Family Learning and Literacy Program, Healthy and Fair Start Program, Prenatal Education Program, and The Candlelighters Childhood Cancer Foundation Foundation.

email: janetc@abcaus.org, web: www.abcaus.org

ARC of the Capital Area

476-7044

- Support groups and educational workshops for parents of children with disabilities. This service is collaboration with MHMR and the local school districts. Childcare & dinner are provided Tuesdays 6:30-8:30pm. Schedules can be accessed at the website listed below. Family Support Cooperative Meetings are held at Rosedale School at 2117 W. 49th St on Tuesdays, Supper is at 6:30 and the meetings start at 7:00 pm. Please call 414-2049 or 476-7044 for more details on the dates, topics, speakers and information. All meeting schedules are available via fax in English and Spanish...please call to receive! For complete schedule please email: information@arcofthecapitalarea.org or call today!
- Other services include:
 - Parent Matches- This service provides one-on-one emotional support; parents are matched with other trained parents where the children share similar needs.
 - Special Education Advocacy is offered by an Arc Family Advocate attending ARD meetings with families.
 - Juvenile Justice Services serves Special Education students ages 11-17 that are involved in the criminal justice system. Staff provides light case management and attends ARDs and court hearings. Goals of the program are that the student graduate high school and not recommit crimes. This program has a 90% success rate. <http://www.arcofthecapitalarea.org/>

Austin Children's Museum

472-2499 ext. 203

- Parent workshops. www.austinkids.org

Avance Austin

326-9335

- 9 month parenting program for parents of children ages 0 to 3 years. www.avance.org
- Child Inc.** 451-7361
- Early childhood education Head Start Program. www.childinc.org
- Chat and Chase Playgroups** 477-6166
- Weekly group for pregnant women and new parents.
- Consumer Credit Counseling** 447-0711
- Offers money management seminars and assistance with managing debt.
- Center for Child Protection—Parenting Education Classes** 472-1164
- This program is designed to assist parents in developing the skills and tools necessary to feel more successful as a parent. The classes use the Systematic Training for Effective Parenting: A Parent’s Handbook (STEP) as a curriculum. Parenting Education Class is appropriate for any parent/caregiver who is open to learning additional skills/tools for improving their relationship with and ability to manage children. In addition to the STEP curriculum, a therapeutic component is involved in each session to address family of origin issues, identifying protective factors and risk factors, recognizing triggers and changing negative cycles of interaction between family members. Classes meet on Tuesday nights from 6:00 to 7:30 p.m. in 7-week sessions. A Thursday morning class from 9:30 to 11:00 a.m. will also be offered. Childcare for younger children is available. Client must contact Jenelle Briones, LMSW at 472-1164 to register. <http://www.centerforchildprotection.org/>
- For Kid’s Sake** 476-9490
- Parenting seminars, consulting.
- GENaustin** 414-0472
- Speaker series on empowerment of girls. www.genaustin.org
- Harvest League Foundation** 374-9393
- Helping single mothers in crisis.

NAMI—Austin, National Alliance for the Mentally Ill 420-9810
PO Box 50434, Austin, TX 78763

- **Family-to-Family Program**—Provides a 12-week class and ongoing support for families and friends of people with mental illness, focusing on schizophrenia, bipolar disorder, and major depression. Class emphasizes the clinical treatment of these illnesses and provides knowledge and skills that families need when faced with the difficulties of mental illness. Courses are taught by NAMI Austin volunteers who are family members of people with mental illness.

NAMI also offers a variety of support groups for those with family members who suffer from chronic mental illness. email: namiaustin@hotmail.com, web: austin.nami.org

Nutrition Education Training 483-7254

- Nutrition education for adults and children.

Parents as Teachers Southeast—445-4732, Northeast—414-5667

- Aspire Even Start Program of Communities in Schools. Groups and in-home services for parents of children ages 0-5 years. www.cisaustin.org

Parents Without Partners 335-9700

- Monday night support group for single parents.

Parents of Murdered Children 512-329-8520

Single Parents of Austin 576-1889

Email: spa_Austin@yahoo.com

Single Parents Resource Network 476-2906

Email: loicaitlin@hotmail.com

Single Parent's Group 250-1043

Support group meets every Wednesday 6:00 to 7:30 pm.

Step-Parenting Support Group 327-7878

10-week session, fee for service .

Tough Love**479-9334**

- Tough Love is an effective self-help program for the parents of unruly young people. It is a loving solution to families being torn apart by unacceptable adolescent behavior. They offer weekly support groups with other parents experiencing similar problems utilizing the ToughLove Parent's manual and philosophy. Groups meet every Thursday from 7:00 p.m. to 9:10 p.m. at the Tarrytown United Methodist Church at 2601 Exposition Blvd. They meet in the classroom wing on the north side of the church.

Victims' Services

Texas Department of Criminal Justice

512-406-5424, 800-848-4284

City of Austin Police Department

974-5037

Travis County Sheriff's Department

473-9709

Divorced Parents Resources

Austin Child Guidance Center

451-2242

- “Moving Through” class for divorcing parents.

Children in the Middle

451-7337

- Parenting skills for divorcing couples.

Domestic Relations Office

473-9696 ext. 5415

- Informational classes for divorcing parents every Thursday.

Divorce Recovery Center

502-1282

- Private therapy practice specializing in divorce issues.

YWCA-Common Ground Program

326-1222

- Cooperative Parenting and Divorce, a Common Ground parenting program, offers a quarterly parenting program designed for separated and divorced parents. The program focuses on letting go of negative feelings, how these feelings affect the children, and better strategies for parents to use. <http://www.ywcaustin.org>

Grupos De Espanol

Any Baby Can Child & Family Resource Center	454-3743
<ul style="list-style-type: none">• Grupos de padres se reunen cada sabado en la tarde. See above.	
Camino en Armonia—Family Forward	459-5490
<ul style="list-style-type: none">• Parenting classes in Spanish.	
PDD/Autism Parent Group in Spanish	476-7044
AVANCE Austin	326-9335
<ul style="list-style-type: none">• Clases para padres de ninos 0-7.	

Teen Parents

- Adoption Knowledge Affiliates** 442-8252
- www.main.ord/aka/aka.htm
- Community Advocates for Teens and Parents** 451-0252
- Lifeworks Teen Parent Program** 735-2119
- Program for teen fathers and teen mothers. Call for services.
 - <http://lifeworksaustin.org/>
- Teen Helpline** 441-5423
- Peer counseling M-F 5:30 to 9:30 pm.
- Parents as Teachers** Southeast Austin—445-4732, Northeast Austin—414-5667
- Aspire Even Start Program of Communities in Schools. Groups and in-home services for parents of children ages 0-5 years.
 - www.cisaustin.org
- Tandem Project** 478-8924
- Case management for teen parents

Parents of Children with Special Needs

AISD Family Support Project	414-3543, or 476-7044
AISD Resource for ADD/ADHD <ul style="list-style-type: none">• Section 504 Coordinator.	414-3762
Austin Behavioral Health Center <ul style="list-style-type: none">• Private psychology practice, assessments, individual therapy.• www.austinbehavioral.info/	347-7666
Austin Harvard School <ul style="list-style-type: none">• Support group for parents of ADHD/ADD students.	459-9191
Brain Network <ul style="list-style-type: none">• Drug free approach to ADHD/ADD behaviors.	452-0202
Brain Train Center <ul style="list-style-type: none">• Promoting healthy habits for healthy brains—medication free approach to treating ADD/ADHD.	347-0053
Candlelighters <ul style="list-style-type: none">• Services for parents of children with cancer	444-7675
Capital Area Autism Society of Austin	794-0339
Center for Attitudinal Healing <ul style="list-style-type: none">• Support for parents of children with chronic illness	327-1961
CHADD (Children and Adults with Attention Deficit Disorder)	292-1518
Epilepsy Parent Group	1-888-606-5353
Family Support Services <ul style="list-style-type: none">• Autism, mental retardation or developmental delays.	703-1340
International Dyslexia Association	452-7658
Learning Disabilities Association of Texas	458-8234
Milagros Children’s Heart Support Group	324-8028

- Support group for families of children with heart defects.
- Email: choamilagros@yahoo.com

National Down Syndrome

1-800-221-4602

Parents of Children with Special Needs, continued

Odyssey School

472-2262

- Private school for children with ADHD, dyslexia.

Rawson-Saunders School

476-8382

- Private school for dyslexic students.

SAJE

450-1651

- Family classes for teens and parents in Juvenile System

The ADHD Clinic

804-2343

- Services for children and adults with ADD or ADHD.
- www.jamesochoa.com

UT Speech and Hearing Center

471-3841

- Early development assessments

Wildest Colts Parenting Workshops

326-8326

- Medication free approach to treating disruptive behavior disorders such as ADD/ADHD.

Father's Groups

Men and Fathers Resource Center	472-8237
<ul style="list-style-type: none">• Fathers support and clinics regarding father's legal issues and rights.	
Center for Successful Fathering	335-8106
<ul style="list-style-type: none">• Seminars and materials on fathering.	
Texas Fatherhood Initiative	453-5056
<ul style="list-style-type: none">• Resource center to raise public awareness on responsible fathering.• www.fatherhood.org	
Austin Men's Center	445-7946
<ul style="list-style-type: none">• Groups on anger management and parenting.	
Fathers of Special Needs Children	476-7044

Mother's Groups

Home-Based Working Moms	266-0900
<ul style="list-style-type: none">• Providing support, networking, and information to parents working at home or wanting to work at home.• www.HBWM.com	
La Leche League	272-8042
<ul style="list-style-type: none">• For pregnant and nursing moms.	
Lifeline, Inc.	477-1092
<ul style="list-style-type: none">• Services for pregnant women	
Mom's place Breastfeeding Resource	719-3010
Mothers of Multiples	703-6174
<ul style="list-style-type: none">• Support group last Monday of each month.	
Mother Matters	236-1898
<ul style="list-style-type: none">• Private groups of young moms.	
Mothers and More	1-877-818-1954
<ul style="list-style-type: none">• Dell Jewish Community Center.• www.mothersandmore.org	
MOPS (Mothers of Preschoolers)	345-7840 ext. 490
<ul style="list-style-type: none">• Fridays in far northwest.	
Pregnancy Loss Support Group	282-4123
Seton Parent Education	324-1021
<ul style="list-style-type: none">• Pre-natal, basic newborn education.	
St. David's Parent Education Department	397-4226
<ul style="list-style-type: none">• Breastfeeding support, childbirth classes.	
The MOM'S Club	North 335-9106, South 292-1380, Southwest 301-9828
WIC (Women, Infants, & Children)	1-800-942-3678
<ul style="list-style-type: none">• Nutrition, breastfeeding, health	

Crisis and Hospitalization Services

If you do not have access to any insurance, you can obtain emergency psychiatric services as described in the section on ATCIC on page 1, by contacting ATCIC Psychiatric Emergency Services at 454-3521.

Cedar Crest Hospital and Residential Treatment Center (254) 939-2100

Operating Agency: Cedar Crest Foundation, 3500 S. IH-35, Belton TX.

- Provides services for children and adolescents ages 4 to 17 with emotional/behavioral problems, substance abuse problems, or problems stemming from childhood abuse/neglect. Treatment options include intensive outpatient therapy, day treatment, residential treatment, and crisis stabilization hospital services. Programs: Acute Care Hospital Program is a psychiatric intensive care program designed to stabilize a child or adolescent's immediate crises while providing the patient and family with skills to prevent or minimize future incidents that would require readmission. Residential Treatment Program provides longer-term inpatient treatment for children and adolescents, ages 4-18, who have failed to respond effectively in previous placements, as well as for those patients who have completed acute care programs and require additional treatment in a 24-hour therapeutic environment. Assessment: free; treatment: accepts Medicaid (covers acute services), CHIP (covers residential treatment), & private insurance.
- <http://www.cedarcresthospital.com/index.htm>

Meridell Achievement Center (512)-528-2100 or (800)-366-8656

12550 W. Hwy. 29, P.O. Box 87, Liberty Hill, TX 78642.

- Meridell Achievement Center is a private psychiatric residential treatment center serving children, adolescents and their families. Admissions and referrals may be made 24 hours a day, seven days a week. They provide assistance in obtaining effective accessible treatment services. If they are unable to provide treatment because of age or clinical appropriateness, they will make a referral to another resource or facility that better suits the patient's needs. Most insurance plans cover Meridell's services. More info at
- www.meridell.com or www.ragebehavior.com

San Marcos Treatment Center 512-396-8500

120 Bert Brown Rd., San Marcos TX 78666

- Provides long-term residential treatment for adolescents, ages 11 through 17, with IQs of 50 and above. Many require special treatment for multiple psychiatric disorders, sexual abuse, substance abuse/chemical dependency, neurodevelopmental disorders and/or neuropsychiatric disorders. Typical behaviors/diagnoses include: attention-deficit spectrum disorders, mood disorders, psychotic disorders, cognitive disorders, substance abuse, learning disabilities, Asperger's disorder, anxiety disorder, post-traumatic stress disorder, dissociative disorder, eating disorders, sexual disorders, personal disorders, impulse control disorders, and disruptive behavior disorders.
- <http://www.sanmarcostc.com/>

Shoal Creek Hospital

324-2000

3501 Mills Ave., Austin, TX.

- This is the only private psychiatric hospital in the area, and they accept Medicaid or private insurance. They offer comprehensive psychiatric evaluation and hospitalization for any presenting problems including depression and suicidal ideation. Area served: Central Texas. <http://www.seton.net>
- **Directions:** from 12th and IH 35, go north on IH 35 and take the 38th street exit and go west on 38th, past Lamar Blvd., there will be a Randall's on your left, turn left there and then take the next left on 34th street, then take the next left on Mills Ave., Shoal Creek Hospital is just behind the Randall's.

Substance Abuse Treatment Resources

Assessment, Evaluation, and Referral

Austin Travis County Integral Care

472-4357 (472-HELP)

- Substance abuse screening and assessment can be obtained through ATCIC by calling the Single Point of Entry (SPOE) number listed here.

OSAR—Outreach Screening and Referral

(800)-508-0834

- OSAR is a free service for individuals who feel that they have issues and/or problems with drugs and/or alcohol. OSAR will work with the individual, family and support system in helping to find the appropriate level of care in the community. They can provide confidential alcohol and drug screenings and assessments, crisis intervention, motivational counseling and brief intervention, education and support, help identify appropriate levels of care/service in the community and assist individuals in obtaining care/service in the community. OSAR is a free service for all Texas residents and serves the following counties: Travis, Williamson, Burnet, Bastrop, Caldwell, Lee, Fayette and Hays. For crisis intervention, call toll free 1-800-508-0834. <http://www.bluebonnetmhmr.org> For information on treatment resources and for screenings and referrals call:
Austin: 56 East Ave. Austin, TX 78701 (512) 703-1359 or (512) 703-1358
Round Rock: 1009 N. Georgetown Street, Round Rock, TX 78664 (512) 244-8448 or (512) 244-8249 or (512) 244-8484

Texas Department of State Health Services-Substance Abuse Svcs. (Formerly TACADA)

Hotline (512) 349-6600

Toll Free Hotline (800) 832-9623

- **Toll-free Referral Service (877) 783-5864**
Toll free Intake & Referral/Crisis Hotline (877) 966-3784
9001 North IH-35, #105, Austin, TX. Formerly called TCADA (Texas Commission on Alcohol and Drug Abuse). State agency provides funding for prevention, intervention, and treatment services through contracts with about 200 community organizations throughout Texas. Provides a 24-hour bilingual information and referral hotline to people needing crisis counseling or drug and alcohol information (877-9-NO DRUG). Licenses chemical dependency counselors and treatment sites. Monitors drug trends in Texas, analyzes drug-related data and conducts surveys related to substance abuse and gambling. Certifies offender education programs for people who have been convicted of drug offenses, underage alcohol violations, or driving while intoxicated. Also provides a gambling hotline, funded in part by the Texas Lottery.
- <http://www.dshs.state.tx.us/mhsa/>

Outpatient Substance Abuse Counseling and Treatment

- ADAAP (English or Spanish)** 454-8180
- Intensive outpatient program, 6-week program with one-year aftercare.
 - www.adaap.com
- Adelante Counseling Services** 977-0802, and Bilingual 997-0394
- TACADA approved intensive outpatient program. Offers MIP and DWI classes as well.
- Alcohol and Drug Awareness Institute** 459-3940
- DWI, Minor in Possession, and Drug offender classes.
- Austin Recovery Center** 997-0101
- Offers Intensive Outpatient Program, with aftercare.
- CHILL Classes** 385-4799
- Drug and alcohol education classes.
- Clean Investments Inc.** 477-6690
- 2406 Manor Rd.
- Provides outpatient substance abuse services and substance abuse assessments. Provides Level III intensive outpatient treatment and Level IV supportive outpatient treatment. Groups meet Monday - Friday at 5:30pm and 9:00pm. Accepts clients age 13 and older. Accepts Medicaid, self pay & contracts; self-pay varies: intensive program \$675/mo., supportive program \$75/month.
 - <http://www.cleaninvestmentsinc.com/>
- Cornerstone Counseling of Austin, Texas** 420-0803
- 2417 Ashdale Drive, Austin TX 78757. Intensive Outpatient Program
- County Counseling and Education Services** 854-9540
- Drug and alcohol education classes and assessments offered through Travis County Juvenile Court.
 - www.co.travis.tx.us/counseling_education/
- Education Resource, Inc.** 891-6389

La Hacienda's Solutions—Outpatient

835-1994

2100 Kramer Lane, Suite 200.

- Provides comprehensive outpatient chemical dependency treatment services for adults and youth. Includes substance abuse assessment, testing, intervention services, individual and group counseling, educational classes, and continuing care program. Morning and evening formats available. Morning Program: Mon, Tues, Thurs, Fri 9:00am-12noon; Evening Program: Mon, Tues, Thurs, Fri 6:00pm - 9:00pm. Provides an inpatient treatment facility in Hunt, Texas. Services include: medical detox, inpatient rehab, individual and group counseling, and AA meetings. Provides partial hospitalization. Accepts private insurance, and self-pay.
- <http://www.lahacienda.com>

La Hacienda Solutions—Young Adult Day Treatment Program

835-1994

- Provides an adolescent day treatment program for adolescents. Provides 20 hours of substance abuse treatment and 20 hours of accredited high school education each week. Program is based on 12-step model and combines education, individual counseling, group therapy, family counseling, experiential learning, and life skills development to create holistic approach to treating adolescent substance abuse. During treatment, family members are required to participate in intensive family program to learn more about chemical dependency as a family disease. Eligibility: Young adults ages 14-18, needing higher level of care than traditional outpatient substance abuse program. Fees: Accepts private insurance and self-pay.
- <http://www.lahacienda.com>

PDAP—Palmer Drug Abuse Program

927-0422

- PDAP provides free services to teenagers and young adults who seek and have a desire to live a life free from the effects of drugs and alcohol. Based on the 12 Step model, provides support and education for living a chemical free life. It is not necessary for a young person to be a chemical abuser to participate. Offers a **Youth Group (Ages 15-20, younger students may be included based on maturity)** every Monday and Thursday 7:00 to 8:00 pm at Riverbend Church Quad 1. Groups are highly supervised by PDAP staff to insure the safety of younger participants. Please visit the website to get the most up-to-date meeting locations. PDAP also offers a **Parent Group** every Monday and Thursday at the same locations. Parent groups are held at the same time and location (separate room) as the Youth Groups.
- <http://www.pdapaustin.org/>

Phoenix House-Phoenix Academy

Admissions: (512) 440-0613 Ext. 4745

400 W. Live Oak St., Austin, TX. (888) 839-3784 Toll-free (888-TEX-DRUG)

- Provides substance abuse services for teenagers, ages 13 to 16 ½. Includes residential treatment facility, day treatment program, and intensive outpatient treatment program. Residential facility provides 24-hour supervision, full academic program, individual and

group counseling, and family groups. Program gives priority to pregnant teens. Accepts youth who are court-ordered to seek treatment. Youth must not have any history of arson, or sex offenses, and must have an IQ at or above 70. Fees: Assessments are free; other services: offers sliding scale to income eligible, may slide to \$0; accepts self-pay.

- <http://www.phoenixhouse.org>

Renaissance Chemical Dependency Intensive Outpatient Program

452-0361

Seton Shoal Creek, 3501 Mills Ave.

- Provides inpatient detox and outpatient treatment for people with problems with substance abuse. Includes individual, group and family counseling, and orientation to Alcoholics Anonymous and Al-Anon support groups. Fees vary by service; accepts private insurance and self-pay.
- <http://www.seton.net>

Shoal Creek Hospital

324-2000

3501 Mills Ave., Austin, TX.

- This is the only private psychiatric hospital in the area, and they accept Medicaid or private insurance. They offer comprehensive psychiatric evaluation and hospitalization for any presenting problems including depression and suicidal ideation. They also offer an Intensive Outpatient Program and Inpatient Program for drug and alcohol abuse and dependence. Area served: Central Texas.
- <http://www.seton.net>

Teen and Family Counseling Center

327-5040

3536 Bee Caves Rd. #100, Austin, TX 78746.

- Provides substance abuse counseling and therapy for adolescents and families.

Youth Advocacy—Creating Lasting Family Connections Program

444-9505

1900 East Oltorf, Suite 114, Austin, TX.

- Youth Advocacy today consists of two components. One provides substance abuse intervention services to a target population of at-risk youth 13-17 years old and their parents. It does this by using a curriculum that has been scientifically tested and found to produce the desired result of reducing and/or delaying the onset of drug use among the target population. This is known as the Creating Lasting Family Connections (CLFC) program. It is an 18-week educational and skills building program funded by TCADA with matching monies from the City of Austin and Travis County. The other component provides case management services to youth and families receiving substance treatment through the Travis County Juvenile Probation Department. The intent of this program is to increase the possibilities of a successful youth treatment episode and successful reintegration of the youth back into the community. This is accomplished by helping the families of the youth develop and/or enhance their ability to help the youth maintain what

they've gained from the treatment episode. The focus is on helping the families address their own issues, help them understand the dynamics of chemical dependency and its implications for a family and to otherwise link them up to services to help them address unmet needs which stand in the way of healthy family functioning.

- <http://www.youthadvocacy.org/family.html>

Inpatient Substance Abuse Counseling and Treatment

La Hacienda Solutions Young Adult Residential Program

835-1994

- Provides a residential substance abuse treatment program for adolescents. Program is based on 12-step model and combines education, individual counseling, group therapy, family counseling, experiential learning, and life skills development to create holistic approach to treating adolescent substance abuse. During treatment, family members are required to participate in intensive family program to learn more about chemical dependency as a family disease. Eligibility: Young adults ages 14-18, needing higher level of care than traditional outpatient substance abuse program. Fees: Accepts private insurance and self-pay. <http://www.lahacienda.com>

Phoenix House-Phoenix Academy

Admissions: (512) 440-0613 Ext. 4745

400 W. Live Oak St., Austin, TX. (888) 839-3784 Toll-free (888-TEX-DRUG)

- Provides substance abuse services for teenagers, ages 13 to 16 ½ . Includes residential treatment facility, day treatment program, and intensive outpatient treatment program. Residential facility provides 24-hour supervision, full academic program, individual and group counseling, and family groups. Program gives priority to pregnant teens. Accepts youth who are court-ordered to seek treatment. Youth must not have any history of arson, or sex offenses, and must have an IQ at or above 70. Fees: Assessment is free; other services: offers sliding scale to income eligible, may slide to \$0; accepts self-pay.
- <http://www.phoenixhouse.org>

Shoal Creek Hospital

324-2000

3501 Mills Ave., Austin, TX.

- This is the only private psychiatric hospital in the area, and they accept Medicaid or private insurance. They offer comprehensive psychiatric evaluation and hospitalization for any presenting problems including depression and suicidal ideation. They also offer an Intensive Outpatient Program and Inpatient Program for drug and alcohol abuse and dependence. Area served: Central Texas.
- **Directions:** from 12th and IH 35, go north on IH 35 and take the 38th street exit and go west on 38th, past Lamar Blvd., there will be a Randall's on your left, turn left there and then take the next left on 34th street, then take the next left on Mills Ave., Shoal Creek Hospital is just behind the Randall's.
- <http://www.seton.net>

Starlite Recovery Center

(800) 292-0148 or (830) 634-2212

Operating Agency: CRC Health Corp., 230 Mesa Verde Dr. East, Center Point, TX.

- Provides an inpatient chemical dependency and alcohol treatment program. Length of stay is approximately 30 days. Program includes 12-step study, Big Book Study, individual/group therapy, relapse prevention, open/closed Alcoholics Anonymous meetings, and an in-depth family program. For established clients, also provides an after-care program, E-Get Going.com, Alumni meeting and reunions. Client eligibility:

adolescents and male or female adults with substance abuse of alcohol as primary diagnosis. Accepts private insurance.

- <http://www.starliterecovery.com>

Summer Sky Chemical Dependency Treatment Center

1-888-857-8857

1100 McCart Street, Stephenville, Texas 76401

- Provides inpatient chemical dependency treatment for adolescents. In addition to the educational, and substance abuse treatment available in all of their programs, Summer Sky maintains a treatment track for addressing the youth with conduct disorders and aversive social skills.
- www.summersky.us

Substance Abuse Support Groups—AA, NA

AA/NA/CA 444-0071

- AA= www.austinaa.org
- NA= www.ctana.org/

AA Espanol 441-3369

- 2210 S. 1st St., Suite G-1

Al-Anon/Alateen Information Center 441-8591

Alateen (at Northland Group) 452-6784

NA Helplines 480-0004

CODA—Codependents Anonymous 444-3335, 444-5202, 865-5079

Up the Creek Teenaholics at Shoal Creek 459-7356, 299-2701, or 923-7261
Shoal Creek Hospital, 3501 Mills Ave. Austin, TX, 4th Floor.

- Support group for teens ages 13 to 18, meets 7:30 to 8:30 Tuesday Nights.

Financial Assistance

Travis County Family Support Services (Palm Square, Austin)

854-4120

Operating Agency: Travis County Health and Human Services & Veterans Svc.

100 North IH-35, Suite 1000, Austin, TX.

- Provides emergency assistance to Travis County residents with low income. Includes rent, mortgage, gas, electricity (NOT telephone), prescription expense, medical supply expense, diapers, food pantry, food vouchers (for food only), and indigent burials.
- **FOOD PANTRY:** Open Mon - Fri 8:00am-4:30pm. People are encouraged to come in the afternoon. Bring photo ID. A 2 or 3-day supply of food is provided. May receive help once every 90 days.
- **ELIGIBILITY FOR FINANCIAL ASSISTANCE:** Dependent on income/assets, disability status, age of household members, number of children in household, and if you have experienced a loss of income within past 30 days.
- **REQUIRED DOCUMENTS:** Must show proof of having lived in Travis County for the past 60 days and must intend to remain in Travis County for 90+ days (proof includes apartment lease, school registration for kids, bills, voter registration card). Must have photo ID (or Social Security card AND birth certificate). Must bring current utility bill, or past due rent or mortgage bill. Documents needed from every household member: Social Security number, date of birth, and proof of gross income for past 30 days (pay stubs).
- **REQUESTING ASSISTANCE:** Clients may request assistance once every 12 months. To request assistance the following year, clients must show proof of participation in a workforce development activity (employment, training, education, literacy or GED classes, etc.). Exception: People ages 60+ may request assistance twice a year and do not need to show proof of workforce involvement.

Also provides limited case management, senior support services, out-of-town bus tickets to escape domestic violence (must have someone to meet them at destination), or to reach medical treatment that is not provided in Travis County. (NOT to attend a funeral)

May do home visits for homebound individuals, or clients can send someone to represent them.

May assist with motel vouchers for families, if consumer has a plan for obtaining permanent housing, or shelters are full and there are extreme weather conditions.

Accepts applications for Blue Santa holiday assistance program, deadline is the first week of December.

Also accepts applications for Coats for Kids and participates in Summer Fan Drive.

- Intake procedures: Walk in for appointments; doors open at 8am; first come, first served; people who are homebound may call to schedule appt.

http://www.co.travis.tx.us/health_human_services/family_support_services/default.asp

Baptist Community Center

478-7243

200 E. 2nd St., Austin, TX.

- Provides a food pantry onsite. Also provides limited financial assistance for rent and first month's rent (for apartments only, NOT duplexes or rent houses), local mortgages, utilities (electric, gas, water), prescriptions, and ID/birth certificates.
Sells low-cost clothing, including baby, work, children's, and adult clothing, depending on availability. Serves a Thanksgiving meal the day before Thanksgiving, 1pm-6pm. All are

welcome. Does NOT assist with rental deposits. Does NOT distribute fans. Serves low-income people in need in Travis County. Must call for appointment; does NOT accept walk-ins. Fees Charged: Most services are free; clothing closet prices are low.

Caritas-Community Support Program **Appointments: 472-4135, Admin: 479-4610**
611 Neches St., Austin, TX.

- Provides financial assistance with rent/mortgage and utilities (electric, water, gas) ONLY. **ELIGIBILITY CRITERIA:** To receive rental, electric, gas, or water bill assistance client must reside within Travis County, regardless of utility company. If client lives outside of Travis County the bill must be with Austin Energy. Household gross income must be at or below 150% of FPG within the past 30 days. Must have experienced an unexpected, verifiable emergency within the past 30 days. Must not have received assistance from Caritas within the past 12 months.

DOCUMENTS REQUIRED:

Proof of household income for all household members, including pay stub or a termination letter from employer, unemployment benefits, government benefits (TANF, SSI, SSDI, food stamps), or child support; Picture ID; Past-due letter from landlord OR past-due utility bill; Paperwork from Travis County DHS Emergency Services to indicate if assistance was received; and Documentation of the unexpected emergency.

- Will only help ONCE each calendar year. Caritas receives a high volume of calls between 8-10am, so clients may call in the afternoons to be pre-screened. If they are determined eligible for assistance, they may call back the next morning to make an appointment. Allows free use of telephone and restroom. If client has lived in the same hotel for the past 6 months and meets all other eligibility requirements, he/she will be considered for rent assistance. **Intake Procedure:** Pre-screening: can call in pm; Appointments: call at 8am; most appts are set 3 days ahead of time & fill up by mid-morning.

<http://www.caritasofaustin.org>

- Hours/Days: Mon Wed Thur 8:00am - 5:00pm; Tues 8:00am - 7:00pm; Fri 8:00am - Noon.

Fresh Food for Families Operating Agency: Capital Area Food Bank

Various locations in Travis and Williamson Counties. Call 211 For Monthly Distribution Schedule, or (512) 973-9203 Choose option 2: 2-1-1 Texas.

- Program coordinates the weekly distribution of donated fruits, vegetables, baked goods, and other items at various sites throughout Travis and Williamson Counties. You can check the current distribution schedule at <http://www.211centraltexas.org> under Food: Food Pantries. Eligibility Requirements: Open to the public; no income restrictions. Intake Procedure: Walk-ins accepted at all sites.

Project HELP—AISD Homeless Education Learning Project **414-3690**

- Project HELP (Homeless Education and Learning Project) is a federally funded AISD program which seeks to serve homeless students in our district. Their goal is to help them access and succeed in school by providing support services to the AISD personnel,

homeless students and their families. They assist with basic needs and obtaining access to local community resources to assist those who are technically “homeless,” this means anyone who is not living in a home or rental property of their own. You need not be living on the streets to qualify—anyone living with a relative, friend, or in motels/hotels qualifies for services. Project HELP is located in a portable building on the campus of the AISD Alternative Learning Center at 901 Neal St

First Call for Help Online <http://www.211centraltexas.org> has a comprehensive listing of resources for financial assistance for food, rent, utilities etc.

Alternative Education

There are a number of alternatives for completing a high school-level education outside of the traditional school setting. Some of these are located in the Austin area, and some are out-of-town programs.

American YouthWorks-Charter School

Central Downtown 236-6100, South 744-1900

Downtown Campus: 216 E. 4th St., South Campus is located at 1901 E. Ben White Blvd., Austin, TX 78741.

- Provides a charter high school designed for youth considered at-risk of dropping out, or who have already dropped out from the Austin Independent School District and surrounding districts. Services for students include two types of diploma programs, a career center to assist in finding a job and applying for financial aid for college, counseling services, health services, free bus passes, and more. They also offer several Americorps programs where students can get paid to finish their high school education while learning trade skills working half-day. Department of Education vouchers to pay for post-secondary education are available for students who are accepted into the Americorps program and complete at least a 6 month commitment. **Eligibility Requirements:** Youth ages 16 to 21. **Intake Procedure:** Call or walk in to register; orientations are held Mondays 5:15pm-6:30pm, at South Campus (1901 E. Ben White, just east of IH 35).
<http://www.americanyouthworks.org>

Gary Job Corps Center

(512) 396-6652 Ext. 6821, (800) 719-4698 Toll-free, Ext. 2

Operating Agency: Texas Education Foundation, 2800 Airport Hwy. 21, San Marcos, TX.

- Provides residential self-paced vocational training and support services. Program includes free training in 22 trades, room, meals, dental and medical care, job placement, and transportation to and from center. Offers training programs including GED, ESL, computers, accounting, auto mechanics, nursing assistant, welding, and cooking. Students receive an allowance for personal items and child care (no children may live on campus). Provides tuition to ACC or SWT for graduates. Average length of stay is 6 months - 2 years. May live off campus in some cases.
Does not allow anyone violent, pregnant, on probation or drugs. **Eligibility Requirements** Motivated youth, ages 16-24, with low income. **Area Served:** Central Texas area. **Intake Procedure:** Call for intake. **Location Description:** Located 4 miles east of San Marcos on Hwy. 21.

High School Enrichment Program

505-3059

Operating Agency: Huston-Tillotson College, 900 Chicon St., Austin, TX.

- Provides tutoring to help high school students develop the skills and motivation necessary for success in college.
Also provides high school completion program. Classes are flexible, and open-entry/open-

exit. Students may pursue a GED or high school diploma. Offers credit by exam, correspondence classes, and summer school. Also sponsors AISD Delta program. High school classes on the college campus, self-paced. **Eligibility Requirements** Youth ages 17 & older, dropout recovery. **Area Served:** Central Texas area. **Intake Procedure:** Call for more information. **Fees Charged:** Free for youth under 21, 21 and older pay per class.

Austin Can Academy Charter School

477-4226

2406 Rosewood Drive, Austin, TX.

- Austin Can Academy provides a second-chance education for at-risk youth – kids who have dropped out or are at-risk of dropping out of school. Students learn in a non-threatening environment, receive focused attention, and work toward their high school diploma. Austin Can Academy is fully certified to award high school diplomas. Classes are held half-day sessions with low enrollment per class – no more than 18 students per teacher. Provides individual assessment for each student and customized programs. Students can catch-up and learn at their own pace. Services are at no cost to students, funded through public monies. <http://www.austincan.org/index.asp>

Austin Community College-Adult Basic Education Department

Main 223-7000

Admissions 223-7504, ESL Classes: 223-5123, Dept Information 223-7532, Gen Information 223-7701, 5930 Middle Fiskville Rd., Austin, TX.

- Provides free classes in ESL, adult basic literacy, and GED. Classes are offered at various campus locations. Provides JOBS program for people who receive TANF and want to attend GED classes. **Eligibility Requirements** People ages 17 and older living legally and permanently in the US. **Intake Procedure:** Call admissions office or contact an advising office at one of the ACC locations.

Ascend Center for Learning

491-8232

- Provides classes in GED preparation, computer literacy, business communication skills, business writing, resume writing, workplace competency, and job training. Job training may focus on administrative and clerical, computer skills (email, Internet, and Microsoft Office and Excel), call center representative, assembly and manufacture, and financial services training (bank tellers, bank representative, and customer service). **Eligibility Requirements** People ages 17 and older, with low income. **Area Served:** Travis County. **Intake Procedure:** Attend an orientation session. **Fees Charged:** No cost to eligible participants; fee for those who do not meet eligibility criteria.
- <http://www.ascendaustin.org/>

Christo Rey Catholic Church—La Fuente Program

476-2145

- Offers Delta—computer based learning for credit recovery.
- <http://www.fuenteaustin.org/>

Goodwill Industries of Central Texas-Youth Services

637-7100

1015 Norwood Park Blvd., Austin, TX.

- **WIA youth services (funded by WorkSource):** Provides multiple services to help youth with barriers to education and employment succeed in school and transition from secondary school to employment or post-secondary education. Provides tutoring, mentoring, job readiness training, career awareness, work experience, GED preparation, and summer youth internships. Youth must be low-income and have one of the following barriers: homeless, dropout, offender, foster child, disability, deficient in basic literary skills, pregnant, or parenting. **Eligibility Requirements** Youth ages 14-21, who have a barrier to employment. **Intake Procedure:** Call for information and to make an appointment. **Fees Charged:** None
JumpStart youth services:
Offers a 20-hour per week school-to-work internship at Solectron, Inc. Offers 5-15 positions each semester. Youth must be age 16-21 with a disability and be referred by an AISD high school.
High-School/High-Tech youth services:
Offers career enhancement program for youth with disabilities, ages 16-21. Services include industry tours, job shadowing, work experience, and internships.
- <http://www.austingoodwill.org>

LifeWorks-GED Program

GED Program number 735-2400

1221 W. Ben White Blvd., Suite 108-A, Austin, TX.

- Provides GED preparation and literacy training. The GED orientation is held the first Friday of the month from 9:00 am to 12:00 pm. Intakes are scheduled as space becomes available. Youth must attend the orientation to receive an intake appointment. Classes are held Monday through Thursday. Youth are able to choose from three sessions: 9am-noon, 1pm-4pm, or 5pm-8pm. **Eligibility Requirements:** Youth ages 17-21 (16 if on probation, under CPS custody, or near 17th birthday); must have at least 4th grade reading level. **Area Served:** Travis County. **Intake Procedure:** Call for more information and to attend orientation. **Fees Charged:** Only fee is the GED testing fee of \$85.
- <http://lifeworksaustin.org/>

UT-GED Testing Center

232-5000

3001 Lake Austin Blvd., 1st Floor, #1.202, Austin, TX.

- Provides GED testing. Pre-registration is required. Registration is at 8am in Room 1.202 on Monday, Wednesday, or Friday. Spanish language registration is at 8am in room 1.202 on Thursday. GED candidates requiring accommodations or testing modifications must register at 8am in room 1.202 on Tuesday. Appointments for taking the test are required. Appointments must be made by 4:00pm the day before testing. Call or visit website for testing times. Visitor parking permits are available in room 1.102. Permits are not required on Saturdays. License plate number required for a parking permit. **Eligibility Requirements** Texas residents who are officially withdrawn from school; 18+ yrs (17 w/parental consent; 16 w/special recommendation). **Area Served:** State of Texas. **Intake Procedure:** Call for more information; register in person. **Fees Charged:** \$100 registration fee (covers testing, score report, and, if applicable, a state certificate of completion). **Documents Required:** Government issued photo ID and Social Security number.
- <http://www.utexas.edu/cee/dec/testing>

Texas ChalleNGe Academy

(409) 740-4799 or (409) 939-3772

- The Texas ChalleNGe Academy (TCA) is a volunteer program for 16 to 18 year old teens that are at risk of dropping out or that have already dropped out of high school. The program is open to all students, without regard to race, sex, religious affiliation or household income. The program requires a 17 1/2 month commitment and is divided into three phases: Pre-Challenge - a two week period where staff works with new teens to see if they have the right stuff to be come cadets. Phase Two is Challenge where cadets enter a 5 1/2 month residential stay in Sheffield, and Phase Three is where cadets are mentored over 12 months in their home communities after graduation.

The academy is an accredited high school based on military practices. Young men and women throughout the state of Texas must be committed to completing the 17 1/2 month program. At TCA, we offer a second chance for success for the youth of Texas. Cadets will work towards high school credit recovery, obtaining their G.E.D., and in some cases, cadets may qualify to earn a high school diploma.

It is important to know what the Texas ChalleNGe Academy is, but it is equally important to understand what TCA is not. There is no military obligation for the students. It is not a juvenile detention center. It is not a court-ordered boot camp. It is not affiliated with the Texas Department of Justice. It is not a drug or alcohol treatment center. The Texas ChalleNGe Academy (TCA), formerly Seaborne ChalleNGe Corps, was an initiative of Texas A&M University at Galveston and is now operated by the Texas National Guard. The program now resides in Sheffield, Texas.

- You can obtain more information or download applications at: <http://new.ngycp.org/state/tx/>

Additional Resources and Agencies Serving Children and Youth

Advocacy, Inc.

454-4816 voice and TDD

7800 Shoal Creek Blvd. Suite 171 E, Austin TX 78757

- Provides statewide advocacy for the rights of Texans with disabilities through six regional offices throughout the state. Services include investigation, mediation, negotiation, advice, and representation in administrative and legal proceedings in priority areas only. Advocacy, Inc. can be helpful in special education issues for students with disabilities. Offers training for people with disabilities on their rights, self-advocacy, and accessing services from state agencies. Publishes a variety of materials, in English and Spanish, for consumers, parents, and professionals, which are available on the website and by mail. Also provides monitoring and commenting on state agency policies and activities. Provides technical assistance to private attorneys in disability law.
- email: infoai@advocacyinc.org,
- web: www.advocacyinc.org

Austin Area Urban League, Inc.

478-7176

1033 La Posada Dr., Austin, TX 78752-3842

- After school enrichment—This agency provides academic support, homework assistance, tutorial aid, leadership development, values training and community service. Cultural field trips, recreational activities and basic life skills training are integral parts of the program. In addition, students who are having problems with particular academic areas of the Texas Assessment of Knowledge and Skills (TAKS) receive one-on-one tutoring from professionals who understand the content areas and requirements for the exam. Within the curriculum, heavy emphasis is placed on reality-based teaching, merging academic curricula and support components, allowing young people free expression and the opportunity to challenge assumptions, and community perceptions relevant to issues confronting their lives.
- GED—We provide open entry/open exit classes to assist customers with completing their high school education. Customers prepare to take the GED exam in the following areas of study: language arts; reading; writing; mathematics; science; social studies and essay. English-as-a-Second Language prepares students for the usage of the English language in the workplace and the community.
- Parent Enrichment ensures that our young people enjoy a higher level of school and family success, adults are exposed to skills enhancement and educational enrichment through this program. Parent Enrichment provides parenting aids and support, and communication skills training for both parent and child. Emphasis is placed on understanding the emotional and social stages of youth and how, demonstrating unconditional love, confidence building and working with schools will enhance the success of the relationships.
- email: info@aaul.org
- web: www.aaul.org

Assistance League of Austin—Operation School Bell

453-2638

- Assistance League volunteers provide the students with new jeans, T-shirts, underwear and socks, a jacket, shoes, a backpack and grooming kit. Each child's new clothing is valued at approximate \$80 wholesale. They also receive some gently used clothing. Essentially, they are given a week's worth of clothing. Students are referred by their school counselor, who makes an appointment for fitting and receipt of clothing.
- <http://www.alaustin.org/osb.html>

Big Brothers Big Sisters of Central Texas, Inc.

472-5437

1400 Tillery St., Austin, TX 78721

- Matches screened, trained adults with youth to act as mentors. Local restaurants and businesses provide discounts to make outings affordable. Matches adult mentors with children who have a parent currently incarcerated. Provides case management, tutoring, and sexual abuse prevention.
- email: info@bbbscentraltx.org
- web: www.bbbscentraltx.org

Boys and Girls Clubs of the Capital Area

444-7199

901 Neal St., Austin, TX 78702

- Provides afterschool, holiday, and summer programs for youth ages 6-18. Programs include education and career development, sports and recreation, character and leadership development, arts, health and life skills. Teenagers, ages 13-18, have "teen only" time, Monday-Friday, 6pm-8pm. Provides full-day summer programs. Provides Teen Night (also known as Club Glimmer) for teens, ages 13-18, on Friday nights from 8pm to midnight. Activities may include karaoke, movies, rap contests, dances, obstacle courses, rock climbing walls, inflatable bungee pulls, fast ball competitions, stomp classes, drill team classes, cosmetology demonstrations and dance competition.
- email: theclub@bgcca.net
- web: <http://bgcaustin.org/>

Wraparound Services

Children's Partnership

804-3174

1717 W. 10th St., Austin, TX 78703

- Unites and coordinates local resources to maintain a system of care for children and adolescents in Travis County with serious emotional disturbances. Provides families access to a provider network comprised of countywide agencies, individuals and organizations that offer traditional and non-traditional services. Focuses on the unique strengths of each child and embracing the unique values and culture of each family. Partners include CRCGs, Austin Travis County MHMR, Texas Department of Family and Protective Services, and other state and county agencies. email:
- www.childrenspartnership.com

Community Partners for Children (formerly CRCG)

854-5647

Travis County Juvenile Probation Department, 2515 S. Congress Ave. Austin, TX 78704

- This group coordinates the provision of wraparound services in the community, allocating cases to the other wraparound agencies as appropriate. Organization is a resource coordination group for juvenile services. The group is a coalition of agencies and individuals that deal with issues involving the mental health of juveniles in the Austin area. Members include: for-profit organizations, nonprofit agencies, advocacy groups, public and private hospitals, private practitioners, law enforcement, and juvenile justice agencies. Meets monthly to discuss coordination of care for juveniles with multiple needs who are having difficulty receiving services. Intake procedure: call or attend monthly meetings held 2nd Weds. of the month.
- www.co.travis.tx.us/juvenile_court/default.asp

Communities in Schools, Central Texas, Inc.—Care Coordination Project

462-1771

Communities In Schools - Central Texas, Inc., 3000 South IH-35, Suite 200, Austin, TX 78704

- Provides care coordination for youth and their families who are having difficulties achieving self-sufficiency in the areas of basic, financial, educational, psychological, and/or physical needs.
Eligibility: 1) Youth under age 22 who have social service needs; 2) Family income must be at or below 200% of federal poverty guidelines; and 3) Youth must attend school or live within the following school boundaries: Johnston High School, Kealing Junior High School, Martin Junior High School, Allison Elementary School, Travis High School, Oak Springs Elementary School, Zavala Elementary School, or Ortega Elementary School. Also accepts students involved with the Truancy Court and their families within Travis High School and Fulmore Middle School. Intake procedures: Referred by school staff, law enforcement, or other community agencies.
- <http://www.cisaustin.org/page-carecoproject.cfm>